

## Important information about Free School Meals from September 2018

School meals will cost £2.30 per day for pre-school, nursery and year 3 children. Children in reception, year 1 and 2 will all receive free school meals. Your child will have three choices for their lunch each day either the main menu choice, a sandwich or a jacket potato. We need you to complete a menu choice for each child who will be in our school from September in Reception, Year 1 or 2 so we can plan ahead and order the correct amount of food. All children will get a choice of three desserts each day including yogurt and fresh fruit.

**Sandwich/baguettes/bun choices : Cheese, ham, tuna or chicken**

**Jacket potatoes fillings: cheese, baked beans, tuna.**

**Child's name \_\_\_\_\_ Class (Sept 2018) \_\_\_\_\_**

day	Week 1 Meal option	Tick for meal	Alternative please write sandwich/baguettes/bun or jacket including filling	Desert
m	Warm Ham and cheese wraps , diced potatoes, and coleslaw			Vanilla ice-cream, fruit salad.
t	Cheese and tomato Pizza, potato wedges and veg sticks			Chocolate brownies
w	Homemade sausage roll, baked beans & salad			Lemon iced sponge
t	Homemade Meat and potato, mash, peas and gravy			Jelly, fruit & cream
f	Cod and salmon Fishcake, smilies and spaghetti hoops			White choc cookie & strawberry milk

day	Week 2 Meal option	Tick for meal	Alternative please write sandwich/baguettes/bun or jacket including filling	Desert
m	Chicken curry, brown rice, naan bread & sweetcorn.			Strawberry whip & fruit
t	Roast beef, Yorkshire pud, cabbage, carrots and gravy.			Fruit scone & cream
w	Sausage, creamed mash, carrots and gravy			Iced fingers
t	Homemade Lasagne, garlic bread and veg sticks			Arctic roll & peaches
f	Fish fingers bun, chips and peas			Eve's pudding & custard

day	Week 3 Meal option	Tick for meal	Alternative please write sandwich/baguettes/bun or jacket including filling	Desert
m	Roast chicken, roast potatoes, Yorkshire puddings, peas, carrots & gravy			Peach crumble & cream
t	Pork sausage hot dog, wedges and beans			Iced sticky chocolate cake
w	Pasta bolognese, garlic bread and salad			Paris sandwich (Jam square)
t	All day mini breakfast (sausage, bacon, scrambled egg, hash brown, and beans)			Carrot cake & custard
f	Salmon goujons, waffles and beans			Vanilla Ice cream pots & pears.