

In April 2013, the Government announced new funding of £150 million for Physical Education (PE) and sport. This funding should be used to improve the quality and breadth of PE and sport provision.

Funding will be allocated to all maintained and state-funded schools with primary phase pupils, including: primary, middle, special and non-maintained special schools, academies and pupil referral units from 1 September 2013.

Schools are free to determine how best to use this funding to improve the quality and breadth of PE and sport provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and reach the performance levels they are capable of.

At Parkside GGI we are passionate about ensuring our children lead a healthy lifestyle, take part in a wide range of physical activities including team sports and feel like they are part of a team. For this reason we have used our £16,770 sports funding in the following ways:

- Employed a dedicated sports coach to work in school full time, delivering high quality PE across Key Stage 1 and the EYFS. Jason Walker is a well-known local footballer who previously worked with Parkside when collaborating with Barrow AfC to provide the 'Inspiring Infants' campaign.
- Year 2 visited Nuffield Health and Wellbeing to take part in healthy lifestyle activities e.g. fitness and diet sessions.
- Throughout the academic year all children from Reception to Year 2 attended swimming lessons lead by a certified swimming instructor.
- Yo-Kids, a yoga company run by Liane Macmillan, worked with our EYFS children to develop balance skills and spatial awareness.
- Yo-kids are also employed to deliver wellbeing sessions for our children who have behaviour difficulties, ensuring they have access to a calmer, more serene aspect of PE with less competition.
- KS karate school provided an after school karate club for 25 children who are currently working towards various belts.
- Jason Walker, our sports coach, provided a football after school club for over 40 children across the school year.
- He also coached a multi-skills after school club and basketball for over 60 children.
- Charlene from Free Spirit Academy of Dance ran curriculum dance sessions with year Reception to Year 2. These dance sessions were linked closely to topic work.
- Year 1 participated in the local dance festival U-Dance, performing at our local theatre.
- Provided opportunities for pre-school and nursery pupils to visit Play Max to support their physical development.
- Worked with a local gym, Nuffield Health and Wellbeing, to organise a revamped sports day ensuring all children had access to all activities.

- Our School Council have audited resources based on the need for our KS2 children in the future and purchased football nets, a gymnastics vault, netball posts, balls and nets, orienteering equipment, tri-golf sets, tag-rugby sets, bibs and a table tennis table.
- Year 2 took part in 'Chance to Shine' cricket sessions with Jake from Cumbria Cricket Ltd.
- We have continued to employ a games leader for lunchtimes. He initiates active games with the children modelling how to play a range of games and ensuring they are played safely.
- Year 2 children visited Coniston Water Park to experience outdoor education, taking part in orienteering activities, a rope course, canoeing and water sports.

The funding continues to have a massive impact on the children at Parkside GGI Academy. Each year group now receives lessons provided by a professional sports coach. Children now have the opportunity to experience PE in its many forms, including those linked to outdoor education and local gyms. Lunch times provide many active opportunities for children which previous to SSP may not have been possible. Across key stages pupils have the opportunity to learn valuable life skills by participating in weekly swimming lessons.